

## ABSTRACT OF THE DISCLOSURE

A holistic method of therapeutic laser treatment for body tissues in a problematic area, comprising the following steps: using a laser discharge probe to irradiate the tissues in the problematic area and additionally treating a body energy path through the problematic area by irradiating the body tissues along an energy path, as defined in Eastern medicine, through the problematic area so that energy flow is normalized in the problematic area. One aspect of this provides for a method as above wherein the energy flow path comprises meridians of energy flow as defined in acupuncture and wherein treatment points along the energy flow path comprise acupuncture points. In yet another preferred aspect of this invention the energy flow path comprises Jin Shin Jyutsu energy flow paths and the treatment points along the energy flow paths comprise energy spheres. Stimulating tissue along an energy path in the body rectifies energy flow through the specific body area and thereby alleviate problems in that area of concern.